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Saliva Collection Instruction

INTEND USE:

This instruction is intended for the collection of the normal saliva that naturally pools into the mouth. No coughing or sniffing prior to sample collection is required.

STEP BY STEP COLLECTION:

1. Water should be avoided 10 minutes prior to collection. Other drinks, food, and nasal sprays should be avoided for half an hour before sample collection.
2. Before collection, wash your hands thoroughly for 20 seconds and dry.
3. Before collection, ensure collection tube is labelled with the correct identifying information, including patient name, date of birth and collection date.
4. Remove the lid of the wide-mouth sterile collection container (for example: 50 mL tube or urine cup), and begin pooling saliva in your mouth, and then gently expel your saliva into the container until at least 1.0 mL has been collected (see the image with black shading as below). The total volume measured is to exclude any bubbles.

Tip: Saliva production can be stimulated by thinking about food (favorite foods, upcoming meals, etc.) or about the saliva collection itself.



5. Once at least 1.0 mL has been collected, securely replace the lid of the collection container.
6. Sterilize the container surface with 70% ethanol or a disinfecting wipe, and place the sample in an appropriately labeled biohazard bag.

唾液收集说明

使用目的：

该说明旨在收集自然渗入口腔的正常唾液。样品采集前无需咳嗽或嗅探。

逐步收集：

1. 收集前 10 分钟应避免饮水。收集样品前半小时应避免使用其他饮料，食物和喷鼻剂。
2. 收集之前，请彻底洗净双手 20 秒钟并擦干。
3. 收集前，确保收集管上贴有正确的识别信息，包括患者姓名，出生日期和收集日期。
4. 取下宽口无菌收集容器的盖子（例如：50 mL 试管或尿杯），开始将唾液汇集到您的嘴中，然后将唾液轻轻地排入容器中，直到收集到至少 1.0 mL（看到带有黑色阴影的图像，如下所示）。测得的总体积应排除任何气泡。

提示：可以通过考虑食物（喜欢的食物，即将到来的饭菜等）或唾液收集本身来刺激唾液的产生。



5. 一旦收集到至少 1.0 mL，请牢固地盖好收集容器的盖子。
6. 用 70% 的乙醇或消毒抹布对容器表面进行消毒，然后将样品放入带有适当标签的生物危害袋中。